# Mazzeh - Tasting Banquet



# Two course meal - £24.95 per person Third course for only £2.95

Everything listed on this menu is served, eliminating the hassle of choosing!

(Minimum of two persons ordering; no maximum. Please order when reserving your table, thank you)

## "Mazzeh" - First course

Homous (V+VE)(GF)(LF)

Creamed chickpeas, tahini, garlic, fresh lime juice, salt & extra virgin olive oil -and-

Mast-o-Bademjan (V) (GF)

Roasted aubergines, garlic, cumin, salt & cracked black pepper folded in yoghurt -and-

#### Murgh Kabab (boneless chicken breast) (GF)

Succulent cubes of chicken breast marinated in grated onion, garlic, yogurt, salt, black pepper, extra virgin olive oil and lemon; cooked in clay oven on a skewer

-and-

#### Mixed Marinated Olives (V+VE) (GF) (LF)

With onions, tomatoes, garlic, cracked black pepper, lemon juice, cumin, fennel and salt -and-

#### Mahi Biryan (LF)

River Cobbler chunks (Asian freshwater fish), onion & carom seeds deep fried in tempura batter -and-

The above selection is served with our famous light, crisp and airy **Flat Bread** (LF) (V+VE) — one per person, as there's loads more food to come!

(V) Suitable for vegetarians (VE) Suitable for vegans (LF) Lactose free, without any dairy products (GF) Suitable for gluten free diet

Our food is prepared in environment that contains nuts. If you have any special requirements, please ask

Although some of my dishes retain their original Persian names, these are all my own recipes and not Iranian anymore!

I had to preserve these, as mum called them by these names!



## "Khoraak-e-Asli" - Second course

#### All served in individual pots, allowing you to create your own platter on your plate All these dishes complement each other!

#### Spicy Red and White Braised lentils (V)+VE (GF)(LF)

Combination of red and white lentils, cooked with fried onions, tomatoes, smashed cumin, lime juice, turmeric, salt & cracked black, giving it the lip-smacking taste!

#### Ghormeh Sabzi (V+VE) (GF) (LF)

Deliciously savoury and loaded with the flavours of green herbs: Rose coco beans, cannellini beans, spinach, onions, fenugreek, parsley & sundried limes

#### Chicken Pomegranate Stew (Fesenjan) (GF) (LF)

This traditional khoresht (Stew) originated in the province of Gilan, on the shores of the Caspian Sea, its swamps the nesting place of delicious wild ducks. Equally delicious with chicken!

Delightful, sweet and sour taste, using only natural ingredients, recreated by me with a slant! Boneless chicken breast meat cooked with onion, tomatoes, pomegranate juice,

cashew nuts, almonds, olive oil and salt

-and-

#### Gosht-e-Akbari (GF) (LF)

(Fusion of Persian and Indian!)

Rich with whole spices, a lamb curry cooked with swede, onions, tomatoes, bay leaves, cloves, cinnamon, brown cardamom pods, fresh garlic, ginger & salt

-Plus-

## Dishes of the day x2 (GF)

**Vegetarian** – (V) potato with different vegetables and spices everyday

Chicken/lamb - spicier versions (Please ask)

-and-

Biryani style vegetable rice (GF)(LF)(V+VE) –basmati rice, steamed wi soth floral extracts Chickpea Pulao

Long grain specially aged Sella Basmati rice steamed with chickpeas that a first cooked with fried onions, garlic, ginger, cloves, cumin, cinnamon, cardamom, bay leaved, salt and pepper.

(GF) Suitable for gluten free diet; (LF) Lactose free, without any dairy products

(V) Suitable for vegetarians; (VE) Suitable for vegans



# "Shereni" - Afters

If you still have space, why not add a third course for only £2.90

Halva (LF) (V+VE)

Semolina (purified wheat middling of durum wheat), cooked in butter, oil, sugar, aniseed, raisins, almonds, coconut shavings and rose water

or Sheer Birenj (GF) (V)

Basmati rice cooked with plain whole milk, sugar, honey, rose water pistachios and almonds or

#### Sheer Khurma (V)

Another sweet dish imported by the Moughals - Persian word for Mongol is "Mughal," from which we get the English word, "mogul," meaning "tycoon".

Traditionally, this dish is served in the Indian Subcontinent on the special occasion of Eid, twice a year. It is here for you to enjoy when ever you would like to!

Made with vermicelli, date infused plain whole milk, honey/sugar and floral extracts.

Divine!

or Fruit salad

Coffee and mint £2.95

Includes Complimentary top up

"Chai" - Selection of Persian Teas, with different flavours £2.50

Please inquire for specifics.

Full a la carte menu is also available, please ask.